

# Bykota Senior Center Winter Class Catalog 2017 – 2018



**Spend Your Days Learning ... Exploring ... Thriving...**

## ***At BYKOTA Senior Center***

Throughout the year, Bykota Senior Center provides a variety of classes, programs, and special events. Every day active adults age 60 and over, enjoy stimulating classes, supportive services, and a warm, friendly environment. Our Towson facility features a fitness center, art studio, class rooms, a well-appointed lounge perfect for casual conversation and a library. Knowledgeable, professional instructors and friendly staff make sure that every question is answered and every member is included.

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# Class Registration Info & Remind Updates

**Membership:** Current Bykota membership is required to register for classes and most programs. Unlimited use of the library, game rooms, and access to members-only programs are included. Please be prepared to present your membership card when registering.

**Registration:** Register at the front desk. You will be asked to present your Bykota membership card. Classes are filled on a first-come, first-served basis. Dates, times, and prices are subject to change after this catalog has been printed. Check with the front desk for updates.

**Payment:** Full payment for all activities is required at the time of registration. Payment can be made in cash or by check, payable to **Bykota Senior Center Council**. Classes instructed by CCBC instructors must be paid for by check to **CCBC**. \*Bykota Senior Center Council has committed to subsidizing tuition costs for a limited number of members. Please see Bykota staff for details.

**Refunds and Cancellations:** No refunds will be given of registration fees unless the class, program, or trip is cancelled. Due to contracts, refunds will not be given after the class start date. Classes must meet a minimum of 10 students. Bykota Senior Center reserves the right to cancel any class, program, trip, or event due to unforeseen circumstances. Should it be cancelled, a full refund will be given.

**Center Closings:** In case of a power outage, inclement weather, or other emergencies that may force a sudden closure, check WBAL-TV (Channel 11), Remind account or Facebook (Bykota Senior Center Council) for updates.

**Parking:** Free parking is provided with a Bykota parking permit on Central Avenue and the lot adjacent to the building. Do not park behind this building or on other property lots. Please plan ahead and arrive early to ensure time to park and get to your class.



**Receiving Remind Updates:** Would you like to receive Text messages or E-Mail alerts about weather closings, class registration or any other late breaking announcements for Bykota Senior Center?

Remind is a one –way text messaging and email system.

With Remind, all personal information remains completely confidential. Staff will never see your phone number or e-mail address. You'll only receive important info and you can opt out at any time from receiving texts or e-mails.

**To receive text alerts on your Phone:**

- Send a text to: 81010
- Type as your message: @bykota

**To receive E mail- Alerts**

- You can leave the subject line blank
- Send Email to: bykota@mail.remind.com

<b>ART &amp; MUSIC</b>	<b>Day &amp; Time</b>	<b>Dates</b>	<b>Room</b>	<b>Cost</b>
<b>Ceramics</b> CCBC	Mondays, 9:00 AM - 11:00 AM	<b>January 8 – March 26</b> <i>No class 1/15, 2/19</i>	204	\$40.00/ 10 weeks
<b>Ceramics</b> CCBC	Fridays, 9:00 AM - 11:00 AM	<b>January 5 – March 9</b>	204	\$40.00/ 10 weeks
<b>Watercolor</b> CCBC	Thursdays, 9:30 AM - 11:30 AM	<b>January 4 – March 8</b>	210	\$40.00/ 10 weeks
<b>Watercolor</b> CCBC	Thursdays, 1:00 PM - 3:00 PM	<b>January 4 – March 8</b>	210	\$40.00/ 10 weeks
<b>Drawing</b> CCBC	Wednesdays, 1:00 PM - 3:00 PM	<b>January 3 – March 7</b>	208	\$40.00/ 10 weeks
<b>Painting</b>	Tuesdays, 9:30 AM - 11:30 AM	<b>January 2 – March 6</b>	208	\$35.00/ 10 weeks
<b>Clay Studio</b>	Tuesdays, 12:00 PM - 4:00 PM	Ongoing	204	\$2.00 drop in
<b>Bykota on Stage</b>	Thursdays, 1:00 PM - 3:00 PM	Ongoing	Gym	Free
<b>Creative Collage</b>	Fridays, 1:00 PM - 3:00 PM	Ongoing	112	Free
<b>Improv Comedy</b>	Tuesdays, 1:00PM - 3:00 PM	Ongoing	112	Free
<b>Knit &amp; Crochet</b>	Thursdays, 9:00 AM - 11:00 AM	Ongoing	201	Free
<b>Photography</b>	Mondays, 1:00 PM – 2:00 PM	Ongoing	112	Free
<b>Quilting</b>	Tuesdays, 12:30 PM - 3:30 PM	Ongoing	200	Free
<b>Stained Glass</b>	Wednesdays, 9:30 AM - 11:30 AM	Ongoing	204	Free
<b>Woodcarving</b>	Thursdays, 9:00 AM - 12:00 PM	Ongoing	204	Free
<b>Woodshop</b>	Mondays - Fridays, 9:00 AM - 12:00 PM	Ongoing	201	Free

<b>EDUCATION</b>	<b>Day &amp; Time</b>	<b>Dates</b>	<b>Room</b>	<b>Cost</b>
<b>French (Beginner)</b>	Thursdays, 10:00 AM - 12:00 PM	<b>January 11 – March 15</b>	112	\$35.00/ 10 weeks
<b>Spanish (Beginner)</b>	Tuesdays, 9:30 AM - 10:45 AM	<b>January 9 – March 13</b>	202	\$35.00/ 10 weeks

<b>EDUCATION</b>	<b>Day &amp; Time</b>	<b>Dates</b>	<b>Room</b>	<b>Cost</b>
<b>Spanish (Advanced)</b>	Wednesdays, 10:30 AM - 11:30 AM <i>(Please speak with instructor before registering)</i>	<b>January 3 – March 7</b>	112	\$25.00/ 10 weeks
<b>Spanish (Intermediate)</b>	Wednesdays, 12:30 PM - 1:30 PM <i>(Please speak with instructor before registering)</i>	<b>January 3 – March 7</b>	112	\$25.00/ 10 weeks
<b>Bingo</b>	Wednesdays, 12:30 PM - 1:45PM	Ongoing	Café	Free
<b>Billiards</b>	Mondays - Fridays, 9:00 AM - 4:00 PM	Ongoing	100	Free
<b>Book Club</b>	First Wednesdays, 1:00 PM - 2:00 PM	<b>January 3 February 7 March 7</b>	200	Free
<b>Bridge</b>	Fridays, 12:00 PM - 3:00 PM	Ongoing	109	Free
<b>Bridge (Beginner)</b>	Mondays, 9:30 AM - 11:30 AM	Ongoing	200	Free
<b>Bridge (Chicago)</b>	Fridays, 9:30 AM - 12:30 PM	Ongoing	109	Free
<b>Bridge (Contract)</b>	Wednesdays, 12:30 PM - 4:00PM	Ongoing	109	Free
<b>Bridge (Duplicate)</b>	Mondays, 12:45 PM - 4:00 PM Fridays, 9:30 AM - 12:30 PM Fridays, 12:45 PM - 4:00 PM	Ongoing	109/ 200 - 202	Free
<b>Bridge (Intermediate)</b>	Mondays, 9:30AM - 11:30 AM	Ongoing	109	Free
<b>Bridge (Rubber)</b>	Mondays, 12:30 PM - 4:00 PM Tuesdays, 12:00 PM - 3:00 PM	Ongoing	109	Free
<b>Mahjongg</b>	Mondays, 12:00 PM - 4:00 PM Thursdays, 12:00 PM - 4:00 PM	Ongoing	Lounge	Free
<b>Mix It Up</b>	Mondays, 10:00 AM - 11:00 AM	Ongoing	Café	Free
<b>Scrabble</b>	Thursdays, 1:30 PM - 4:00 PM	Ongoing	Café	Free
<b>Wordsmith</b>	Wednesdays, 12:30 PM - 2:00 PM	Ongoing	202	Free

<b>FITNESS</b>	<b>Day &amp; Time</b>	<b>Dates</b>	<b>Room</b>	<b>Cost</b>
<b>Advanced Line Dance</b>	Fridays, 2:15 PM - 3:45 PM	<b>November 17 – January 26</b>	Gym	\$30.00/ 10 weeks
<b>Beginner Line Dance</b>	Fridays, 12:30 PM – 1:30 PM	<b>November 24 – February 2</b>	210	\$30.00/ 10 weeks
<b>Beginner Ballroom Dance</b>	Fridays, 9:30 AM - 10:30 AM	<b>January 5 – February 23</b>	Gym	\$24.00/ 8 weeks
<b>Intermediate/Advanced Ballroom Dance</b>	Fridays, 10:30 - 12:00 PM	<b>January 5 – February 23</b>	Gym	\$24.00/ 8 weeks
<b>Cardio Fit</b>	Tuesdays, 1:30 PM - 2:30 PM	<b>January 9 – March 13</b> <i>No class on 2/6, 3/6</i>	Gym	\$30.00/ 8 weeks
<b>Enhance Fitness</b>	Mondays & Fridays, 2:00 PM - 3:00 PM Wednesdays, 2:30 PM – 3:30 PM	<b>January 3 – March 16</b> <i>No class on 1/15, 2/19</i>	Gym	\$25.00/ 30 sessions
<b>Gotta Dance</b>	Mondays & Wednesdays, 9:00 AM - 10:00 AM	Ongoing	Gym	\$5.00/ class
<b>Tai Chi</b>	Thursdays, 10:30 AM - 12:00 PM	<b>December 7 – February 15</b> <i>No class on 12/14</i>	Gym	\$30.00/ 10 weeks
<b>Yoga For Bad Backs</b>	Tuesdays, 11:00 AM - 12:00 PM	<b>December 12 – February 20</b> <i>No class on 12/26</i>	Gym	\$40.00/ 10 weeks
<b>Yoga For Balance</b>	Thursdays, 9:00 AM - 10:00 AM	<b>December 21 – March 1</b> <i>No class on 12/28</i>	Gym	\$40.00/ 10 weeks
<b>Zumba Gold Toning</b>	Tuesdays, 9:30 AM - 10:15 AM	<b>January 2 – March 6</b>	Gym	\$35.00/ 10 weeks
<b>Bykota Fitness Center</b>	Monday - Friday, 8:30 AM - 2:30 PM	Ongoing	Fitness Center	\$25.00/ 3 months \$50.00/ 6 months \$100.00/ 1 year



Like us on Facebook!  
**Bykota Senior Center Council**

<b>FITNESS</b>	<b>Day &amp; Time</b>	<b>Dates</b>	<b>Room</b>	<b>Cost</b>
<b>First Tuesday Dance</b>	First Tuesdays, 1:00 PM - 3:30 PM	<b>January 2 February 6 March 6</b>	Gym	\$5.00 at the door
<b>Basketball</b>	Mondays 11: 00AM - 2:00 PM Wednesdays 11:00 AM - 2:00 PM Fridays 12:00 PM - 2:00 PM	Ongoing	Gym	Free
<b>Pickleball</b>	Mondays - Fridays, 8:30 AM - 9:00 AM	Ongoing	Gym	Free
<b>Senior Rhythms</b>	Mondays, Wednesdays & Fridays, 11:00 AM - 11:45 AM	Ongoing	208/ 210	Free
<b>Table Tennis</b>	Tuesdays & Thursdays, 9:30 AM – 11:30 AM	Ongoing	Computer Lab	Free



## **Bykota Travel Office**

**Phone: (410) 887–1691**

**Email: [travelwithbykota@gmail.com](mailto:travelwithbykota@gmail.com)**

**Hours of Operation:**



*Hours are flexible, please call before your visit to confirm office is open. Drop Box is now available – be sure to read fine print before submitting payment. Trip is not guaranteed until Travel Office follows up with a final confirmation.*

**NOTE: Please refer to the Travel Policy prior to booking trips. Detailed Policy can be located in the Travel Office.**

<b>TRAVEL</b>	<b>Day</b>	<b>Cost</b>	<b>Location</b>	<b>Deadline</b>
<b>SugarHouse Casino &amp; Joey Vincent Show</b>	Monday, March 5, 2018	<b>\$65.00</b>	Philadelphia, PA	<b>Wednesday, January 24</b>
<b>Sight &amp; Sound Millennium Theatre (JESUS) &amp; Shady Maple Smorgasbord</b>	Wednesday, April 4, 2018	<b>\$116.00</b>	Strasburg, PA	<b>Friday, March 2</b>
<b>Grandeur of the Seas</b>	June 7–June 16, 2018	<b>Starting at \$922.00 per person</b>	Baltimore—Boston, Portland, Bar Harbor, St. Johns, Halifax—Baltimore	<b>Initial deposit due Tuesday, November 7</b>