

# THE BYKOTA Buzz



April 2024

BE YE KIND ONE TO ANOTHER

## Bykota Senior Center

611 Central Avenue  
Towson, MD 21204

Phone: (410) 887-3094

Fax: (410) 828-4509

### Hours of Operation:

Monday—Friday  
8:30 AM —4:00 PM

Email: [bykotasc@baltimorecountymd.gov](mailto:bykotasc@baltimorecountymd.gov)

### Websites:

[www.bykota.org](http://www.bykota.org)  
[www.baltimorecountymd.gov/aging](http://www.baltimorecountymd.gov/aging)

## Staff

### Center Director

Kathy Haduch

### Assistant Director

Ashaki Innis

### Center Connection Specialist

Kaitlyn Scott

### Activity Specialist

Emily Feldstein

### Community Outreach Specialist

Yolanda Moody

### Home Team Coordinator

Barbara Wilt

### Senior Aides

Laura Cappucci  
Patricia Miskelly

### Custodians

Cheryl Deminds  
Julia Hughes  
Lisa Stinchcomb



To be a volunteer, it takes...

**BY INVITATION ONLY**

Generosity, a willingness to give your time to others

Understanding, because their lives might be very different from your own

Empathy, an ability to put yourself in someone else's shoes and feel what they must feel

Compassion, to truly care about making someone else's life better

Patience, because the process doesn't always go as smoothly as it might

Dedication, to stick with the project and see it through

You've shown these qualities and so much more, so

**THANK YOU FOR ALL THAT YOU DO!**



Research has shown that having a balanced lifestyle is vitally important for your personal health and overall well-being. Find your **BALANCE** for optimal aging by participating in physical and social activities like **PICKLEBALL**.

**See pages 4, 6 & 7 for further details.**

**\*Intra-Tournament (Bykota members only) - April 15th**

**\*Bykota Inter-Center Tournament - April 19th**



**CLOSED FRIDAY, APRIL 12TH - STAFF TRAINING DAY**

# TUESDAY, APRIL 30TH

## 11:00 AM - 1:00 PM



## ROOM 200

# BYKOTA VOLUNTEER

# OPEN HOUSE

**You are all welcome to our Volunteer Open House!**

Mingle, have some light refreshments, and come learn all about the wonderful volunteer opportunities available here at the Bykota Senior Center!

Volunteering is good for your mental health because it allows you to meet new people, stay active and reduce stress, all of which are key to a balanced life while maintaining your mental and emotional overall well-being. The success of our center relies heavily on committed volunteers that aid us in providing individuals 60 years and older with opportunities for personal growth and development through socialization and mental and physical stimulation in a safe, friendly, diverse, and inclusive environment. These tasks take many hands to make Bykota work and that's where YOU come in! We are looking for help in a variety of volunteer positions for our front desk, gift shop, eating together program, fundraisers and special events. In addition to the feelings of fulfillment that come with volunteering, donating your time to a worthy cause like our senior center can also improve your self-confidence, encourage physical activity, and facilitate connections with people in the center, all of which help fight depression.

So stop in to speak to active volunteers and find out what each opportunity entails.

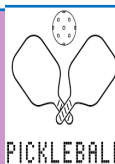
Remember, our Senior Center is only as good as our volunteers!

Hope to see you there!

**Bykota Volunteer Appreciation Dinner**  
**Thursday, April 25th**  
**5-7 pm**  
**BY INVITATION ONLY**



**INTRA-CENTER TOURNAMENT**  
**Monday, April 15th**  
**BYKOTA MEMBERS**  
**8:30-3:30pm**



**INTER-CENTER TOURNAMENT**  
**Friday, April 19th**  
**JACKSONVILLE FRIENDS - AM Play**  
**PARKVILLE FRIENDS - PM Play**

**Rock & Roll In the Park!**

**WEDNESDAY MAY 22, 2024**  
**11 a.m. - 2 p.m.**  
**RAIN OR SHINE EVENT. NO REFUNDS.**

**Featuring Music by:**  
**OUT OF TIME**

**TICKETS: \$4**  
**BUY IN ADVANCE AT YOUR LOCAL SENIOR CENTER or ONLINE STARTING 4/1/24**  
**Tickets \$6 at the door**

**Oregon Ridge Park**  
 13401 Beaver Dam Rd • Cockeysville, MD 21030

**BCDA**  
 Baltimore County Department of Aging

**Balance**  
 Baltimore County Department of Aging

**OUT OF TIME**

**IF you purchased a ticket in 2023 stop by the center where you purchased it from to pick up this year's ticket. If you purchased online your ticket will be at Will Call.**

**FOR MORE INFORMATION PLEASE CALL 410-887-2040. REGISTER HERE FOR TICKETS AND BOXED LUNCHES: <https://bcwebservices.wufoo.com/forms/rock-n-roll-in-the-park/>**

**Casey Cares Foundation**

Starting April 1 and ending April 30 bring in **new** PJ's of all sizes, from infants to adults.

There will be a drop-off box in the Staff office.

Then join us on April 16 to be a part of BCDA's largest PJ party of 2024. Please your APPROPRIATE PJ's.

**Tuesday, April 16, 2024**

*Bykota PJ Day*

Where do the PJ's go? PJ's are donated to Casey Cares for critically ill children and their families.

Gift baskets are filled with PJ's, a movie and popcorn then given to families of critically ill children.

**Please keep tags on.**

**Law Day May 1**

**Law Day - Wed., May 1st**  
**10 am to 1 pm**  
**Appointment only**

## BETTER AGE SURVEY

Baltimore County Department of Aging is partnering with [BetterAge](#) to help you get the most out of your own life, on your own terms. BetterAge offers a **free and confidential 7-10 minute assessment about your health and well-being**. Small steps today can make a big difference. See what small steps might make sense for you at BetterAge! Watch for emails soon from your senior center director with a link to the survey. We will have a \$25 Friendly Farms Gift Card drawing at the end of each month until June. So please complete the survey and you'll be entered in the drawing!

## April Activities And Programs

### Basic Photography on the Move

**Mondays, 1:00 pm—2:00 pm, Room 112**

Learn and share different techniques with the camera and more. Group meets every Monday and sometimes meets outdoors or at other locations. Please check weekly for location.

*Free; Advance registration required.*

### Monday Afternoon Movie: *The Other Shore*

**Monday, April 1, 12:15 pm—2:30 pm, Lounge**

This epic sports documentary follows 60-year-old legendary athlete Diana Nyad as she emerges from a three-decade retirement attempting to become the first person to swim 110 miles from Cuba to Florida.

*Free; Advance registration required.*

# April Activities And Programs

## **Brain Health/Dementia Presentation**

**Tuesday, April 2, 10:00 am—11:30 am, Room 112**

Join Emily Kearns, Dementia Specialist and Coordinator, Dementia Friendly Baltimore County for this information session to learn more about dementia and brain health including the signs and symptoms of dementia, communication tips for handling difficult situations, innovative resources and programs, and brain health tips for better health and disease prevention.

*Free; Advance registration required.*

## **House Plant Club**

**Tuesday, April 2, 10:00 am—11:00 am, Room 109**

Bring your green thumb and/or your current plant issues. This monthly group shares practical tips, pictures of favorite plants, and news of newly acquired plants. This discussion group is for anyone who loves indoor plants. The Bykota House Plant Club meets the first Tuesday of the month.

*Free; No registration required.*

## **Wordsmith Writing Club**

**Tuesday, April 2, 12:30 pm—1:30 pm, Room 112**

This weekly meeting is for one and all. It is not a class. Come and listen to the short stories, poems, and memoirs created by your fellow Bykotians. Group meets every Tuesday. *Free; Drop in.*

## **First Tuesday Dance**

**Tuesday, April 2, 1:00 pm—3:00 pm, Gym**

Whether you prefer a Foxtrot, Waltz, or Swing, put on your dancing shoes and come out to Bykota for this fun afternoon of live music and social dancing. April's featured musician is Helmut Licht.

*\$5 paid at the door; Drop in.*

## **Blood Pressure Screening**

**Wednesday, April 3, 9:00—10:00 am, Café**

Research has shown that regular monitoring can help with blood pressure control, and reduced risk of cardiovascular events including strokes and heart attacks; and of cognitive impairment and dementia.

Have Rebecca Cohen, R.N. check your blood pressure. *Free; no registration needed.*

## **BINGO!**

**Wednesday, April 3, 12:30 pm—2:00 pm, Café**

Enjoy some laughter and friendly competition with this favorite pastime; **every Wednesday.**

*No registration required.*

## **Tax Diversification/Investments**

**Thursday, April 4, 10:30 am—11:30 am, Room 112**

Join Brenda Fried from Edward Jones to learn how to save and invest money in a tax advantaged way to keep more of the money you've worked hard for. *Advance registration required.*

## **Insights in Aging**

**Friday, April 5, 10:00 am—11:00 am, Room 112**

Engage in your aging process through this support group that discusses the changes and challenges we encounter as we age. A therapist for Hope Health Systems, Inc. will cover a variety of topics, from coping, to resilience, to focusing on positive thoughts **every 1st and 3rd Friday of the month.**

*Free; No registration required. Next class: Friday, April 19th*

## **New Member Orientation**

**Tuesday, April 9, 10:00 am—11:00 am, Room 112**

Attend this new and returning member orientation session to find your way around Bykota, learn about our programs and activities, and discover how you can connect with your senior center.

*Free, registration at the front desk is requested, but not required.*

# April Activities And Programs

## **Unlock Your Mind: Fueling Your Brain for Lifelong Vitality**

**Tuesday, April 9, 11:00 am—11:00 am, Room 112**

Learn about multiple components of cognitive health (memory, concentration, and emotional regulation) and nutrition, specific nutrients and dietary patterns that enhance cognition, practical tips for incorporating brain boosting foods into the diet, and lifestyle changes (sleep, stress, exercise) that can help improve cognition. *Free, registration at the front desk is requested, but not required.*

## **The Many Faces of Identity Theft**

**Thursday, April 11, 1:00 pm—2:00 pm, Room 112**

Older adults tend to have good credit scores and established savings, making them perfect targets for identity theft and other types of fraud. Phone scams are one particularly common method used to commit senior identity theft. Learn more with Brenda Fried from Edward Jones.

*Free; Advance registration required.*

## **BCDA Staff Day Training**

**Friday, April 12 - All Senior Centers are Closed**

## **Monday Afternoon Movie: MAD Money**

**Monday, April 15, 12:15 pm—2:30 pm, Lounge**

Three female employees of the Federal Reserve plot to steal money that is about to be destroyed. *Free; Advance registration required.*

## **Creative Card Making Workshop**

**Tuesday, April 16, 1:00 pm—2:00 pm, Café**

Create beautiful cards to share with your friends and family! Bykota member Betty Stadler will lead this card making workshop. *\$1 required at the time of registration.*

## **Bykota Book Club Butterflies**

**Wednesday, April 17, 1:30—2:45 pm, Room 112**

This month's book, *Lessons in Chemistry* by Bonnie Garmus, tells the story of Elizabeth Zott, who becomes a beloved cooking show host in 1960s Southern California after being fired as a chemist four years earlier. *Free; No registration required.* May's Book:

*The Perks of Being a Wallflower* by Stephen Chbosky.

## **Maryland History Club**

**Tuesday, April 23, 10:30 am—11:30 am, Room 112**

Join this monthly group as we share our memories. This month's topic is:

**Pictures with a family story.** *Free; No registration required.*

## **AARP Safe Drivers Course**

**Thursday, April 25, 9:00 am—1:00 pm, Room 112**

This course has helped millions of drivers age 50+ sharpen their driving skills and drive safely on today's roads. **Advance registration required at the front desk.** Cost is \$20 for AARP members and \$25 for non-members. Make checks payable to AARP.

## **Folk Sounds: Sing Along with Ron Kutscher**

**Friday, April 26, 10:30 am—11:30 am, Café**

Sing-along to your favorite classic folk songs with Ron! He'll bring lyric sheets to share, tune up his guitar, and play the songs you love to sing. *Free; Drop in.*

## **Register of Wills**

**Tuesday, April 30, 10:00 am—11:00 am, Room 112**

Join Alexis Burrell-Rohde, the Register of Wills for Baltimore County, as well as a judge from the Orphans' Court and Legal Aid for a lively discussion on the importance of estate planning for all individuals regardless of age or wealth. Legal Aid will provide pro bono estate planning services to people who qualify. *Advance registration is required.*

# Class Schedule

## MONDAY

TIME	PROGRAM	INSTRUCTOR	LOCATION	COST
8:30 am —10:30 am	Pickleball	Greg Bauer	Gym	
9:00 am—12:00 pm	Woodshop	Volunteers	201-203	
9:00 am—12:00 pm	Ceramics	Volunteers	204-206	\$
9:00 am—4:00 pm	Billiards	C. Kendall/A. Barnes	100	
10:00 am—12:00 pm	Beginner's Bridge	Tom Fitzgerald	200-202	
9:30 am—12:00 pm	Ping Pong	Darrell Edwards	102	
11:00 am—11:45 am	Senior Rhythms	Patti Richardson	208-210	
11:00 am—12:30 pm	Basketball	Tom Murtaugh	Gym	
12:30 pm—3:30 pm	Duplicate Bridge	Al Phillips	200	
12:30 pm—4:00 pm	Mahjong	Volunteer	202	
1:00 pm—2:00 pm	Basic Photography	Patrick Applegate	112	
1:30 pm—2:30 pm	Meditation	(4/29-6/3) Kelly Stickney	208-210	\$\$
2:00 pm—3:45 pm	Pickleball	Greg Bauer	Gym	

## TUESDAY

8:30 am—10:00 am	Pickleball	Greg Bauer	Gym	
9:00 am—12:00 pm	Woodshop	Volunteers	201-203	
9:00 am—12:00 pm	Clay Studio	Volunteers	204-206	\$
9:00 am—4:00 pm	Billiards	C. Kendall/A. Barnes	100	
9:30 am—12:00 pm	Ping Pong	Darrell Edwards	102	
10:00 am—11:00 am	Enhance Fitness	(4/16-6/27) Suzanne Diehl	Gym	\$\$
11:00 am—12:00 pm	Tai Chi	(4/2-6/4) Eric Johnson	Gym	\$\$
12:30 pm—1:30 pm	Beg. Line Dance	(3/26-5/21) Ruth Rarick	Gym	\$\$
12:30 pm—2:00 pm	Wordsmith Writing Club	Barbara Mischke	112	
1:00 pm—3:00 pm	Quilting	Susan Brightman	202	

## WEDNESDAY

8:30 am —10:00 am	Pickleball	Greg Bauer	Gym	
9:00 am—12:00 pm	Woodshop	Volunteers	201-203	
9:00 am—4:00 pm	Billiards	C. Kendall/A. Barnes	100	
9:30 am—11:30 am	Stained Glass Studio	Nancy Lawson	204-206	\$
9:30 am—12:00 pm	Ping Pong	Darrell Edwards	102	
10:00 am—11:00 am	Enhance Fitness	(4/16-6/27) Suzanne Diehl	Gym	\$\$
10:00 am—12:00 pm	Sculpture	Jim Paulsen	204-206	
11:00 am—11:45 am	Senior Rhythms	Patti Richardson	208-210	
11:00 am—1:30 pm	Basketball	Tom Murtaugh	Gym	
12:00 pm—4:00 pm	Clay Studio	Volunteers	204-206	\$

# Class Schedule

## WEDNESDAY CONTINUED

TIME	PROGRAM		INSTRUCTOR	LOCATION	COST
12:30 am—4:00 pm	Contract Bridge		Ron Culbertson	202	
12:30 pm—2:00 pm	Bingo		Volunteers	Café	\$
1:00 pm—3:00 pm	Drawing	(4/10-6/12)	Martha Hendrickson	208-210	\$\$
1:30 pm—2:30 pm	Zumba Gold	(4/17-6/26)	Suzanne Diehl	Gym	\$\$
2:45 pm—3:45 pm	Pickleball		Greg Bauer	Gym	

## THURSDAY

8:30 am—10:00 am	Pickleball		Greg Bauer	Gym	
9:00 am—12:00 pm	Woodshop		Volunteers	201-203	
9:00 am—12:00 pm	Knitting & Crocheting		Kathleen Cotter	202	
9:00 am—4:00 pm	Billiards		C. Kendall/A. Barnes	100	
9:30 am—11:30 am	Watercolor	(4/11-6/13)	Martha Hendrickson	208-210	\$\$
9:30 am—12:00 pm	Woodcarving		Rick Shipley	204-206	
9:30 am—12:00 pm	Ping Pong		Darrell Edwards	102	
10:30 am—11:30 am	Chair & Standing Yoga	(4/25-7/11)	Joan DeSimone	Gym	\$\$
11:00 am—12:30 pm	Spanish—Beginner	(4/21-5/2)	Jean Meyer, CCBC	200	\$\$
11:30 am—12:30 pm	Enhance Fitness	(4/16-6/27)	Suzanne Diehl	Gym	\$\$
12:30 pm—3:00 pm	Bykota On Stage		Peggy Radziminski	Gym	
12:30 pm—4:00 pm	Mahjong		Volunteers	202	
1:00 pm—2:30 pm	Spanish—Advanced	(4/21-5/2)	Jean Meyer, CCBC	200	\$\$
1:00 pm—3:00 pm	Watercolor	(4/11-6/13)	Martha Hendrickson	208-210	\$\$
1:00 pm—3:30 pm	Scrabble		Volunteers	109	

## FRIDAY

8:30 am—10:00 am	Pickleball		Greg Bauer	Gym	
9:00 am—12:00 pm	Woodshop		Volunteers	201-203	
9:00 am—12:00 pm	Ceramics		Volunteers	204-206	\$
9:00 am—12:00 pm	Ping Pong		Darrell Edwards	102	
9:00 am—4:00 pm	Billiards		C. Kendall/A. Barnes	100	
9:30 am—12:30 pm	Chicago/Duplicate Bridge		Tom Wexler	109	
10:45 am—11:45 pm	Int. Ballroom Dance	(3/29-5/31)	Helmut Licht	Gym	\$\$
11:00 am—11:45 am	Senior Rhythms		Patti Richardson	208-210	
12:00 pm—1:30 pm	Basketball		Tom Murtaugh	Gym	
12:30 pm—3:30 pm	Duplicate Bridge		Volunteer	200	
1:00 pm—3:00 pm	Intermediate Line Dance		Ruth Rarick	208-210	\$
2:00 pm—3:45 pm	Pickleball		Greg Bauer	Gym	



# What's Happening at Bykota

## Fitness Center

### Hours of Operation

Monday thru Friday  
8:30 AM—2:30 PM

### Cost

\$80.00 for 12 months  
\$50.00 for 6 months  
\$25.00 for 3 months

Additional paperwork required for all new users. See front desk for more information.

## Gift Shop

Monday thru Friday  
10:00 AM—2:00 PM

**Buy** unique items:  
jewelry, crafts, seasonal décor, snacks, ice cream.

**Donate** new or gently used items to the gift shop.

## McDonough Café

Monday, Wednesday, Friday  
8:30 am—10:00 am

Prices vary: coffee, tea, bagels, donuts, yogurt, bananas



## Sunshine Box



Submit the name and address of a Bykota member and a get well, thinking of you or sympathy card will be sent. Sunshine box is located on the first floor outside of the staff office.

## Play Bingo!

Every Wednesday,  
12:30—2:00 pm in the Café

Bring your nickels, dimes, and quarters and join our friendly bingo game at Bykota.

BINGO					
8	25	39	54	66	
10	17	42	52	63	
7	26	35	56	74	
15	19	32	59	73	
6	21	40	46	67	

## Giving Station— ACTC

ACTC Giving Station is collecting the following preferred items: Breakfast cereal (box), Canned meals (pork and beans, stew, chili, pasta meals, etc.), Canned vegetables (tomatoes, beans, corn, peas, potatoes, etc.), Canned fruit, Dry pasta, rice, instant potatoes (bag or box), Spaghetti sauce (jar or can), Macaroni and cheese meals (box), Tuna (can), peanut butter, jelly (jar), Soup (can) Family and travel-sized toiletries (toothpaste, shampoo, lotion, deodorant), Other toiletries (razors, toothbrushes, dental floss, bar soap) Household supplies (toilet paper, paper towel, laundry detergent, etc.)

Anytime is perfectly fine to join a group that performs musicals and such. Use your talents in Bykota on Stage; With your creativity you'll be in touch!

Bykota on  
STAGE

Thursdays 12:30 pm -3:00 pm in the Bykota gym

Contact Peggy, 443-799-3647 or  
pegradz@msn.com

## Eating Together Program

The Eating Together congregate meal program provides nutritious meals and companionship to Bykota Senior Center members. The menus, planned as the main meal of the day, are made up of a variety of foods to provide at least one-third of the recommended daily nutritional need, and are designed to meet the nutritional recommendations of the Dietary Guidelines for Americans which are reviewed by a registered dietitian to ensure nutritional requirements are met. Free nutrition education is provided throughout the year which provides a basis for making informed choices and setting realistic nutritional goals. Participants are asked to make a voluntary, anonymous contribution. A voluntary contribution of \$4.00 is recommended towards the \$5.96 cost of each meal (Super Special Meals \$7.87) All contributions are used to enable the program to serve as many meals as possible. Participants under 60 years of age are required to pay the full cost of the meal. ET lunches are offered on Mondays, Wednesdays, & Fridays when a minimum of 10 people have signed up in advance. Sign up through BC-PASS at the kiosk.

**BCDA Mission Statement:** Baltimore County Department of Aging strengthens lives by providing services, programs and connections to resources.



# Bykota Council News

## ***Executive Board Meeting***

**Tuesday, April 16, 10:00–11:00 am, Room 112**

Monthly business meeting for elected officers.

## ***Special Events Meeting***

**Tuesday, April 16, 11:30 am–12:30 pm, Room 112**

Looking for a fun volunteer position? Our Special Events Committee meets monthly to plan events and programs. We're looking for ideas for events that will bring new members to our center and delight our existing members, as well as for volunteers to help make these events happen! Please submit any ideas to either our suggestion box (across from the front desk) with your name, phone number and/or email address or in an email to [bykotasc@baltimorecountymd.gov](mailto:bykotasc@baltimorecountymd.gov). We look forward to working with you!

## **Connect with Bykota Online**

Webpage: [www.bykota.org](http://www.bykota.org)

Facebook: Bykota Senior Center Council

Baltimore County: [www.baltimorecountymd.gov/bykota](http://www.baltimorecountymd.gov/bykota)

## ***Bykota Senior Center Upcoming Closures***

**Friday, April 12** - Staff Learning Day

**Monday, May 27** - Memorial Day Holiday

*Baltimore County  
Department of Aging is an  
equal opportunity service  
agency.*

## **Bykota 2023–2024 Executive Board**

### **President**

Mary-Lou Stenchly

### **Vice President**

Denise Allen

### **Corresponding Secretary**

Kathleen Cotter

### **Recording Secretary**

Vacant

### **Treasurer**

Maureen Suelau

### **1st Asst. Treasurer**

Nancy Elson

### **2nd Asst. Treasurer**

Virginia Thompson

### **Advocate**

Lorita Martin

### **Board Members**

Jocelyn Alexander

Greg Bauer

Dave Erhardt

Peggy Radziminski

Patti Richardson

### **Past President**

Tom Murtaugh

## **Bykota Mission Statement**

To provide individuals 60 years and older with opportunities for personal growth and development through socialization and mental and physical stimulation in a safe, friendly, diverse, and inclusive environment. To provide information services for seniors and to promote the programs of the BCDA that aid and enhance this mission.

## **Class Registration Policy**

**Membership:** Current Bykota membership is required to register for classes and most programs.

**Registration:** Register at the front desk for classes that require it. Drop in classes do not require registration. Classes are filled on a first-come, first-served basis. Dates, times, and prices are subject to change.

**Payment:** Full payment for all activities is required at the time of registration. Payment can be made in cash or by check.

**Refunds and Cancellations:** No refunds will be given of registration fees unless the class, program, or trip is cancelled. Due to contracts, refunds will not be given after the class start date. Classes must meet a minimum number of students enrolled to avoid being cancelled. The Bykota Senior Center reserves the right to cancel any class, program, trip, or event due to unforeseen circumstances. Should it be cancelled, a full refund will be given.

**You may support  
Bykota Senior Center  
Council. We are a  
nonprofit 501[c] [3]  
organization. Your  
donations are  
tax-deductible. Bykota  
greatly appreciates your  
consideration of a  
bequest gift.**

# BYKOTA TRAVEL

**Phone: (410) 887—1691**

**Hours : Monday thru Thursday, 10:00 am—12:00 pm. Closed on Friday.**

**Committee Chair:** Doris Shaw

**Committee:** Terry Morton, Penny Parker, Delores Powell, and Betty Stadler

## OVERNIGHT TRIPS

**Monday, May 13– Friday, May 17: Niagara Falls & Toronto.** Enjoy the captivating, awe-inspiring Niagara Falls, visit Toronto's majestic castle estate, and have dinner at the Fallsview Casino. **\$799 per person, double occupancy.**



**Sunday, June 16 – Saturday, June 22: Mackinac Island.** Take an exciting cruise through the Soo Locks then enjoy dinner at the Northern Michigan Casino and finally a guided tour of quaint Mackinaw City. **\$1035 per person, double occupancy.**

**Monday, September 30 – Friday, October 4: Cape Cod, Martha's Vineyard & Zion Heritage Museum.** Embark on a guided tour of Hyannis and Sandwich and stop at the JFK Museum, then visit Zion Union Heritage Museum, then take a ferry to Martha's Vineyard. **\$740 per person, double occupancy.**

**Friday, December 6 – Sunday, December 8: Old Town Alexandria & National Harbor.** Shop Old Town Alexandria, tour Gadsby's Tavern Museum, explore MGM Casino and Tanger Outlets, walk through the Kennedy Center for Performing Arts, and finally tour the Mt. Vernon Mansion for Christmas in DC. **\$699 per person, double occupancy.**



## DAY TRIPS

**Monday, April 22: Bette, Babs & Beyond at the Tropicana in Atlantic City.** Based on the success of "Music of the Knights", watch this roof-raising tribute to the legendary ladies of music. Celebrate the stories and songs of pop music's most iconic women including Bette Midler, Barbara Streisand, Cher, Tina Turner, Aretha Franklin, Dolly Parton, Janis Joplin and more. \$25 bonus slot play, \$15 food voucher. Moderate activity level. Bus departs Cromwell Bridge Road Park and Ride at 8 am sharp and returns at 8 pm. **\$110 per person. Closing date is March 7th.**

**Monday, June 17: A Tribute to the Platters at the Tropicana in Atlantic City.** Listen to the live band as they pay respects to one of the most successful musical groups who brought you *The Great Pretender*, *Only You*, *Twilight Time*, *Smoke Gets in Your Eyes*, and *the Magic Touch*. \$25 in bonus slot play, \$15 food voucher. Moderate activity level. Bus departs Cromwell Bridge Road Park and Ride at 8 am sharp and returns at 8 pm. **\$110 per person. Closing date is May 9th.**

**Wednesday, July 17: Jersey Boys at Toby's Dinner Theatre.** Filled with chart-topping hits including: *Sherry*, *Big Girls Don't Cry*, *Can't Take My Eyes Off You*, *Dawn and My Eyes Adored You*, Jersey Boys takes you behind the music of Frankie Valli and the Four Seasons. Bus departs Cromwell Bridge Road Park and Ride at 9:30 am. **\$125 per person. Closing date is July 1st.**

**Wednesday, August 14: Paddle Boat and Train Rides.** Travel to Harrisburg PA where you board the Pride of Susquehanna Riverboat, an authentic stern-driven paddle boat built in 1988, then board the Hummelstown Train in Middletown PA and learn the history of the area; the Union Canal and the railroad from a live narrated one hour train ride. Finally, enjoy lunch at Alfred's Victoria Restaurant located in a historic Victorian mansion with period décor and serving Italian fare. Bus departs Cromwell Bridge Road Park and Ride at 8 am and returns at 5:30 pm. Moderate activity level. **\$135 per person. Closing date is July 1st.**

**Tuesday, November 12: Roots Country Market.** Enjoy down home charm of this old Lancaster County flea market with great bargain shopping and live market auction. Also visit the Shady Maple Farm Market. Moderate activity level. Bus departs Cromwell Bridge Road Park and Ride at 8 am sharp and returns at 5 pm. **\$75 per person. Closing date is October 31st.**